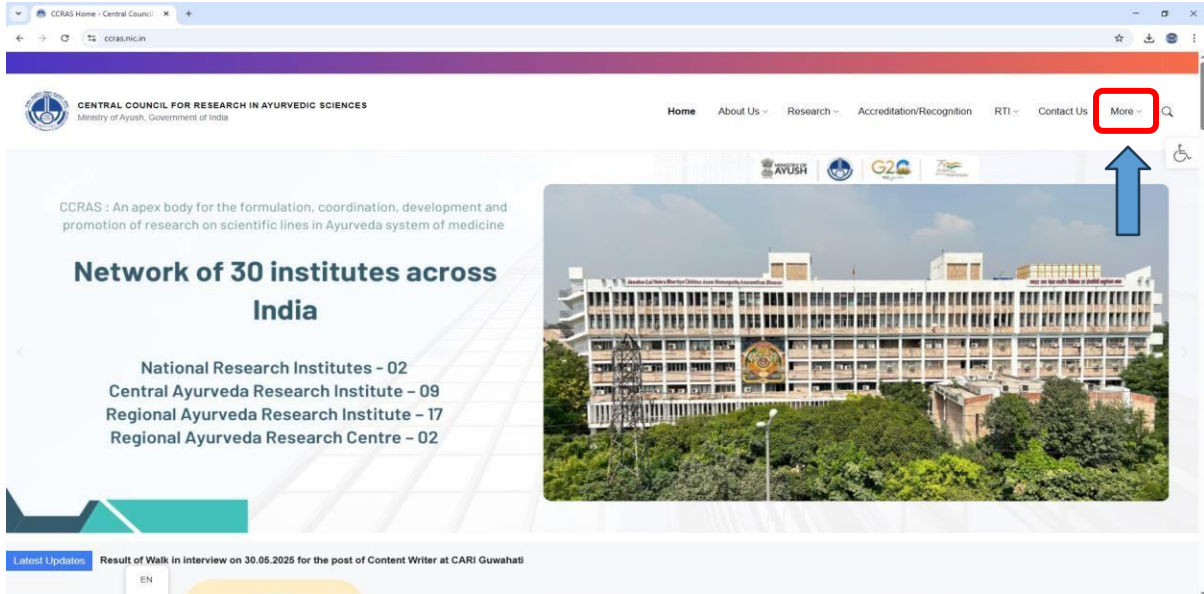


GUIDELINES FOR SUBMISSION OF PDF PROPOSALS

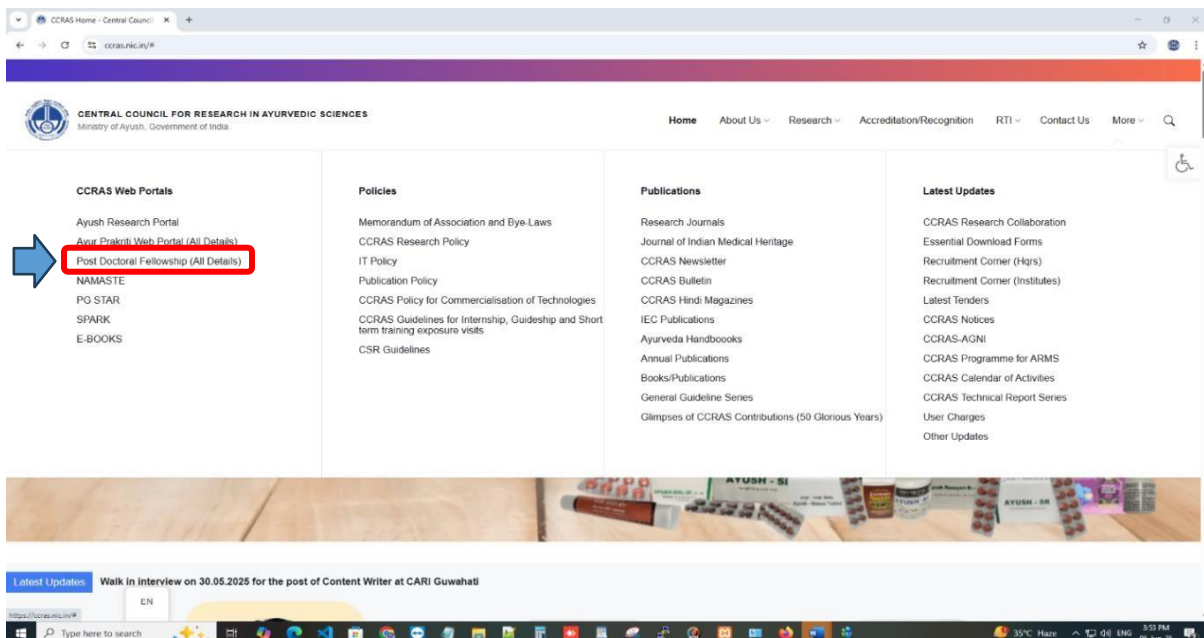
A. Guidelines for Candidates:

Please follow the steps below to register and submit your proposal under the CCRAS Post Doctoral Fellowship (PDF) Scheme:

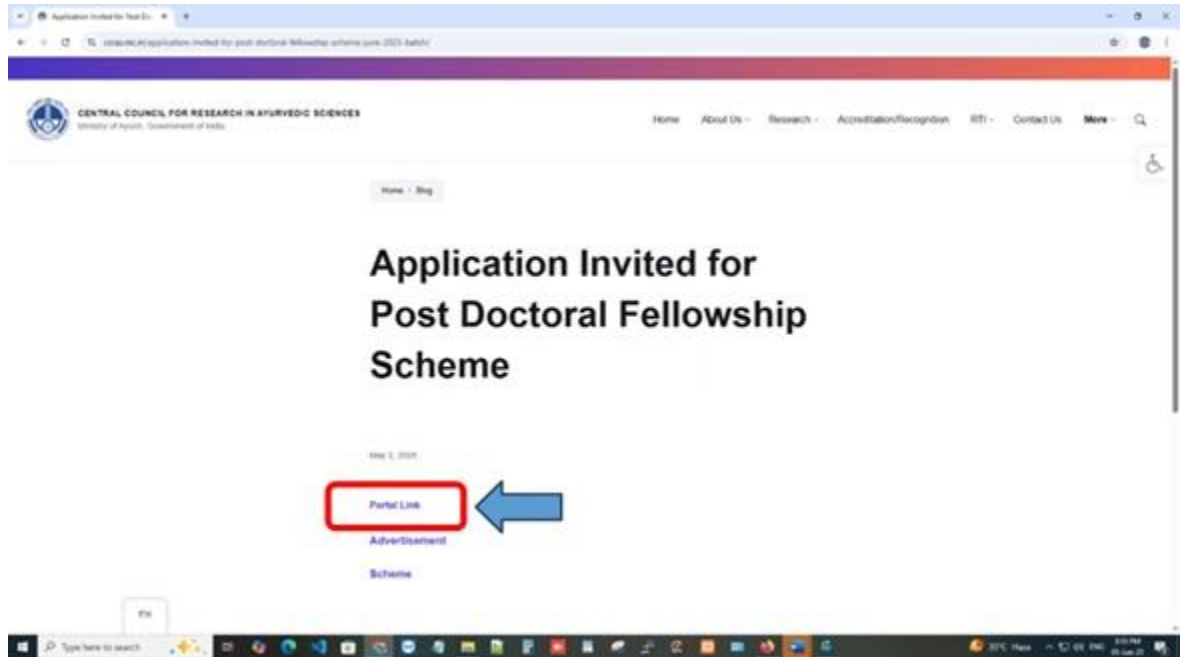
1. Visit the CCRAS website at <http://ccras.nic.in> and click on the “More” tab.



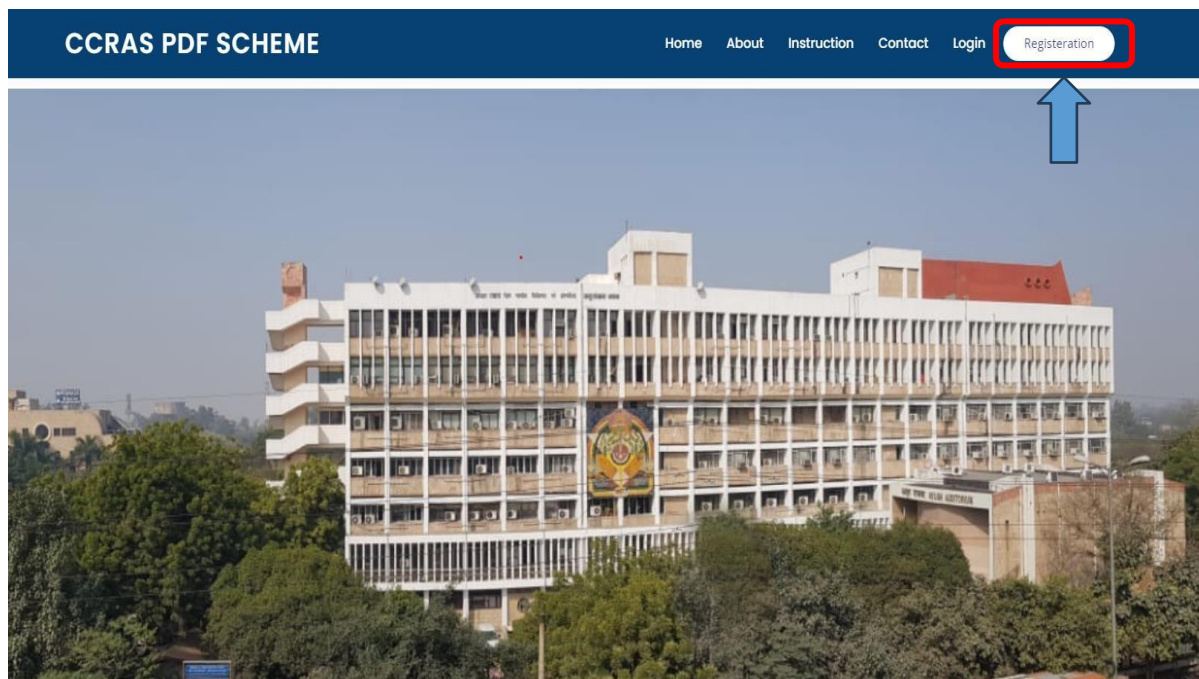
2. In the dropdown menu, click on “Post Doctoral Fellowship (All Details)”.



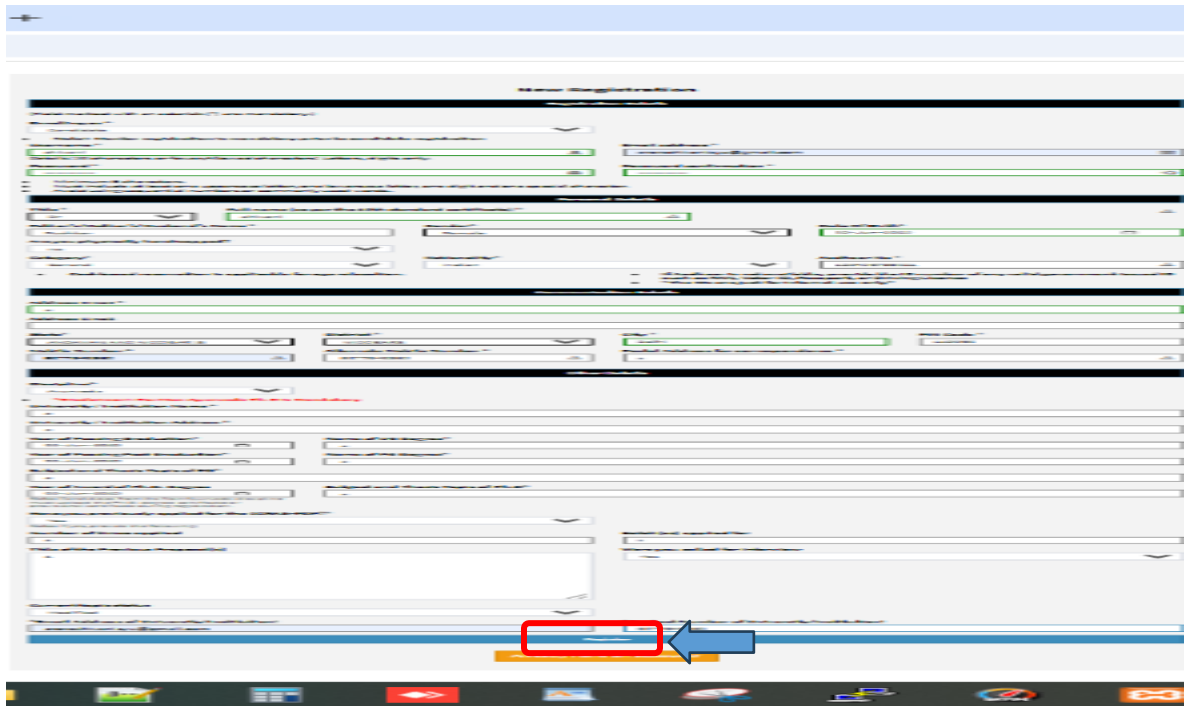
3. On the newly opened page, click on the “Portal Link” to access the CCRAS PDF Portal. Alternatively, you can visit the portal directly at <https://pdf.ccras.org.in>.



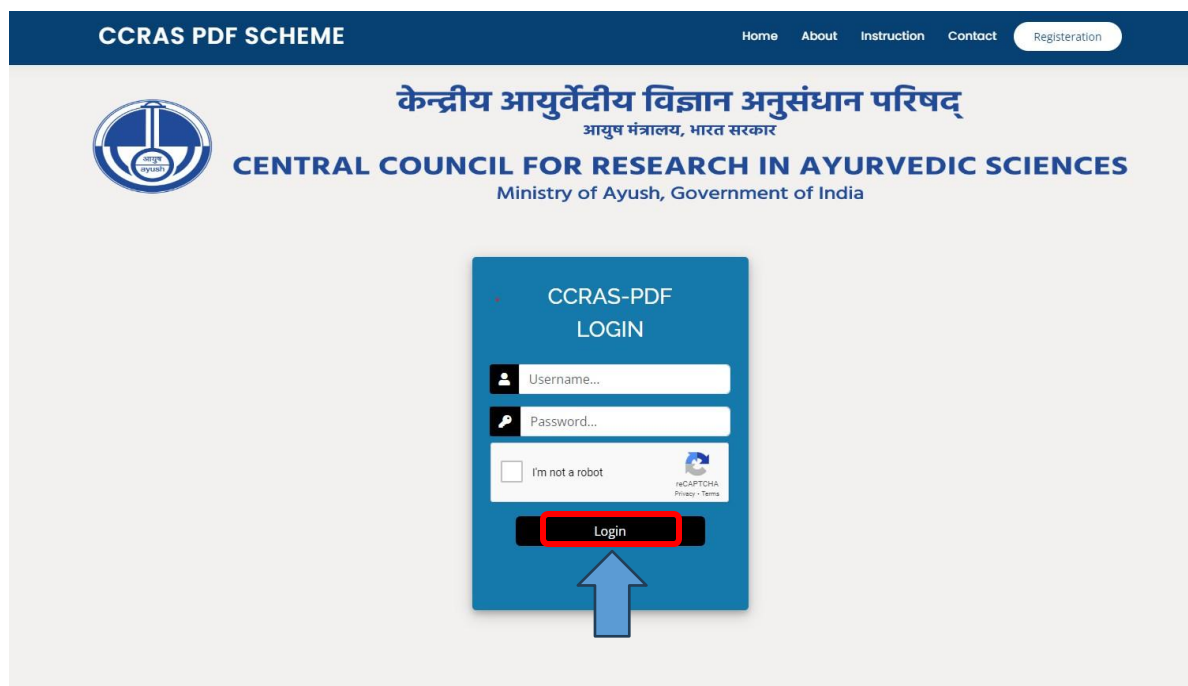
4. For new users, click on the “Registration” button and fill out the required details.



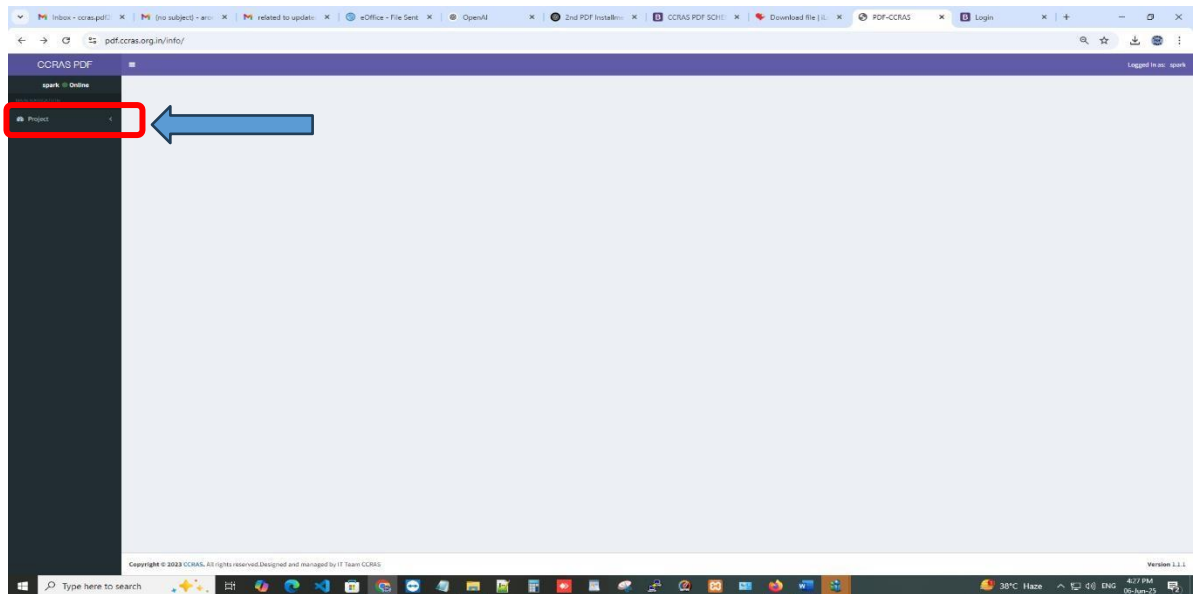
5. Fill out the Registration form and then click on the Register button to complete the process.



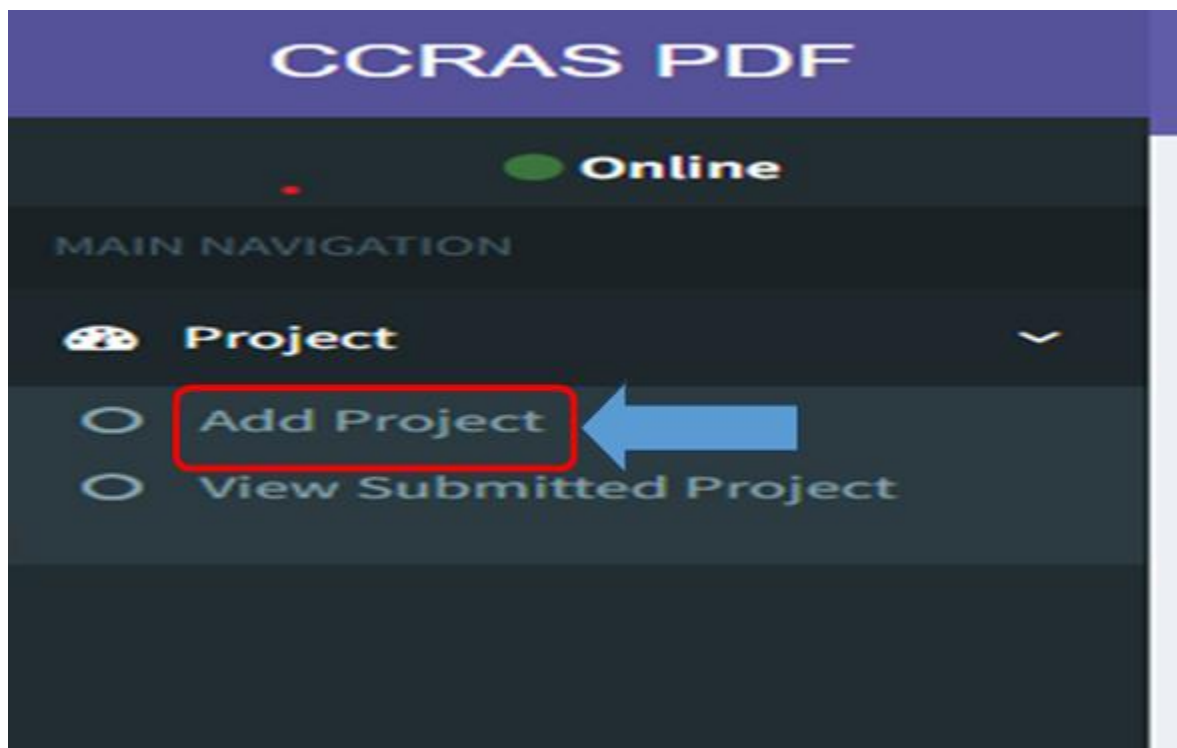
6. After successful registration, you will be redirected to the Login Page. Enter your login credentials and click “Login”.



7. After logging in, click on the “Project” button to proceed.



8. The Applicant Dashboard will display two modules: Add Project and View Submitted Project. Click on “Add Project” to begin entering your proposal details.



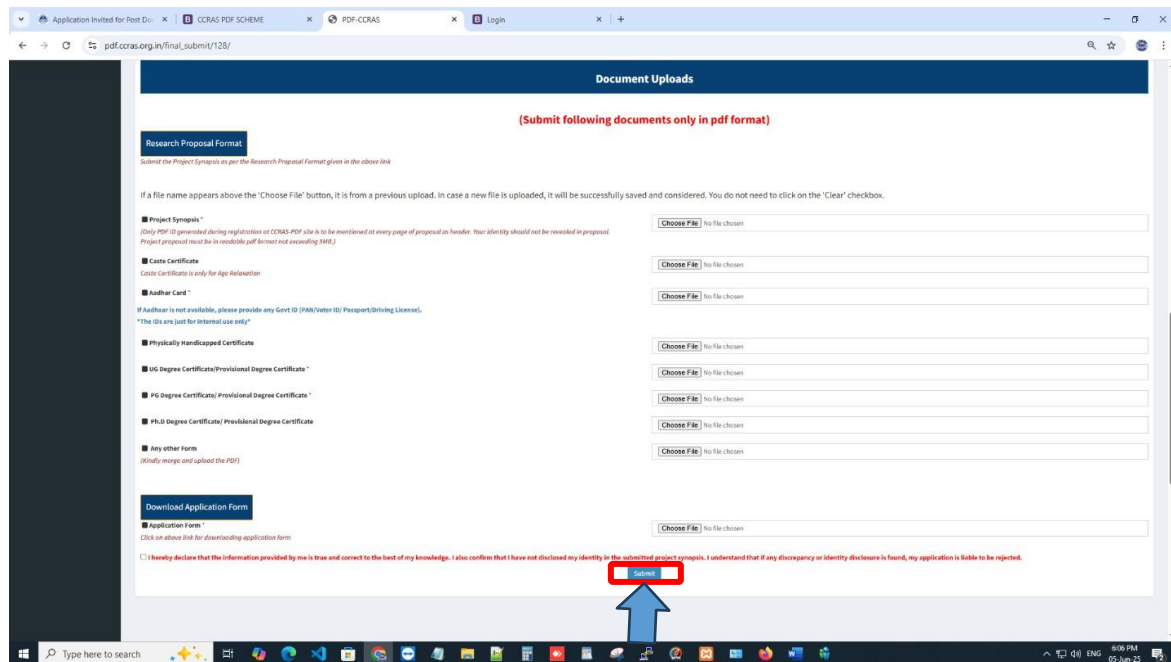
9. Enter the required project information and click “Save” to proceed. Upon saving, a PDF ID will be generated. This ID must be mentioned in the header of your Project Synopsis.

The screenshot shows a web form titled "Add Project" with a red warning message: "Master Registration is prerequisite before proceeding to add project". The form is divided into several sections with expandable headers: "Project Name", "Research Area", "Title", "Description", "Department of the Study", "Research Question and Hypothesis", "Review of Literature", "Research Methodology", "Resources and Anticipated Outcomes", "Budget of the Study", and "References". Each section contains one or more text input fields. A blue arrow points to a red-bordered "Save" button located at the bottom right of the form.

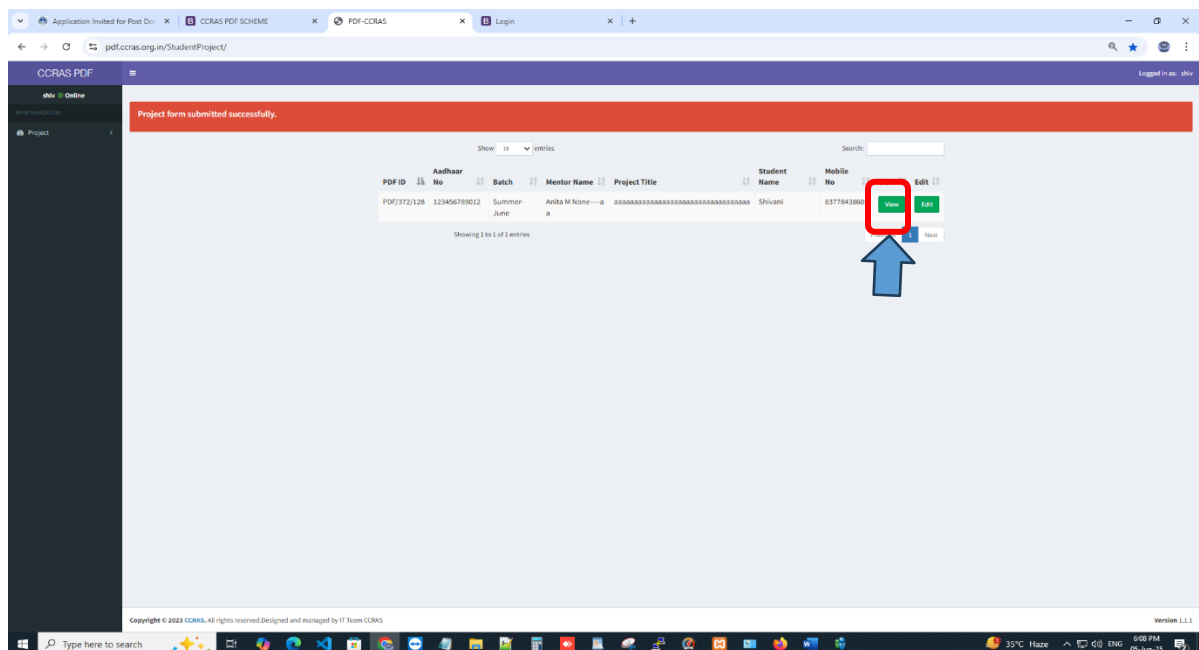
10. Upload the required documents in PDF format. Each file should not exceed 2 MB in size.

The screenshot shows a web browser window displaying the "Document Upload" section of the application. The browser's address bar shows "pdf.ccras.org.in/final_submit/128/". The page has a dark blue header and a red warning message: "Upload following documents only in pdf format!". Below the warning, there is a list of document upload fields, each with a file selection icon and a "Choose File" button. The Windows taskbar is visible at the bottom of the screen.

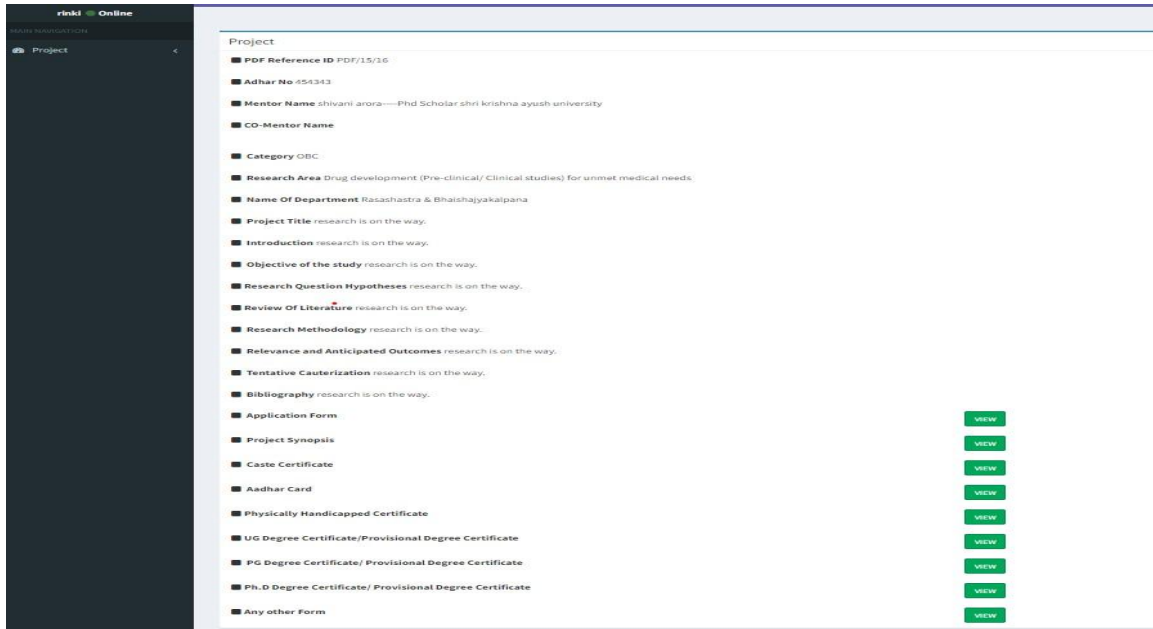
11. Before final submission, thoroughly review all entered details. Once verified, click the “Submit” button.



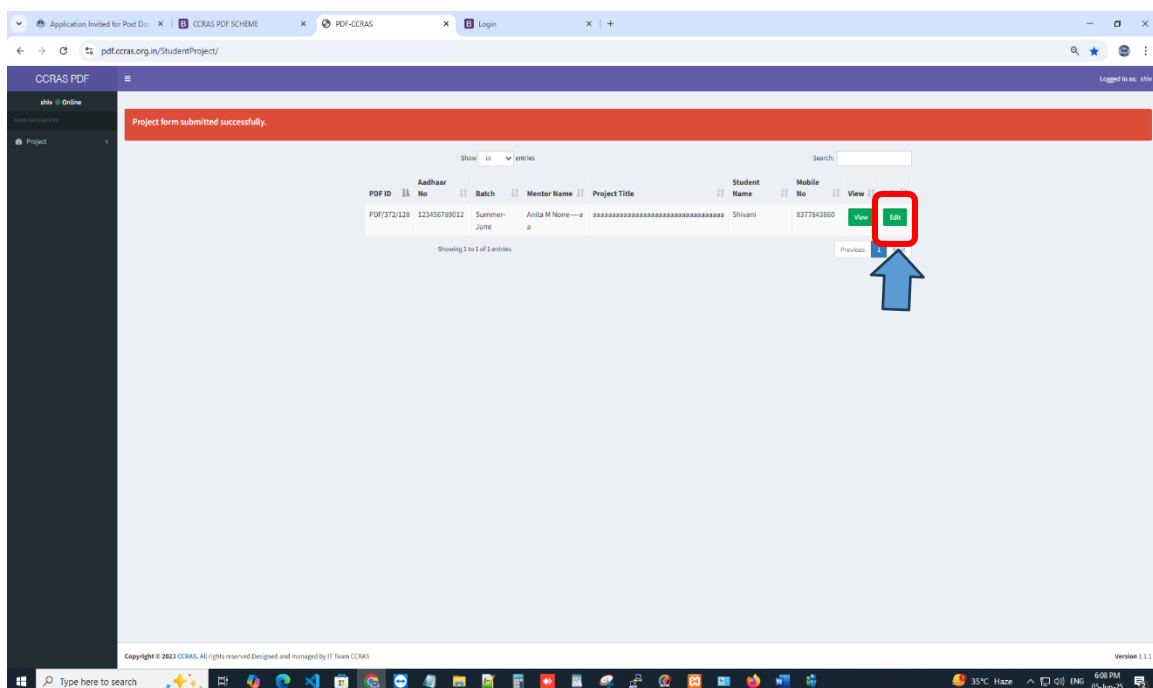
12. After submission, a message stating “Project form submitted successfully” will appear on your dashboard. To view your submitted project, click on the “View” button.



13. Your submitted project will appear as shown below. For your records, it is recommended to save a copy of the submitted application form and proposal using the “Ctrl + P” command.



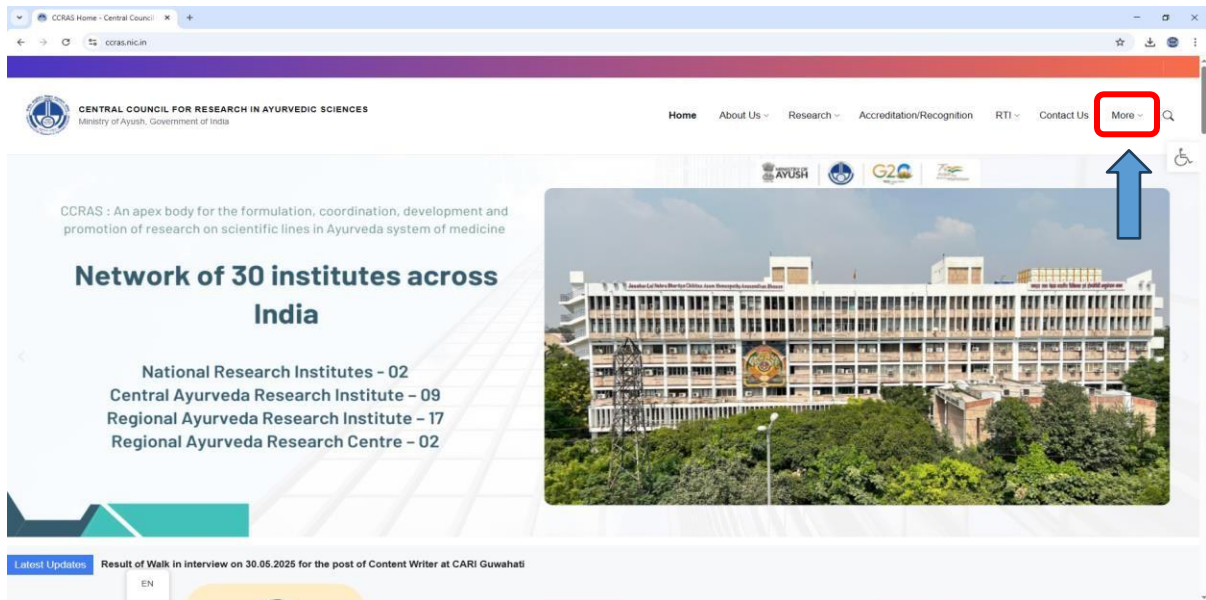
14. If required, you can edit the project proposal (but not registration details) by clicking on the “Edit” tab.



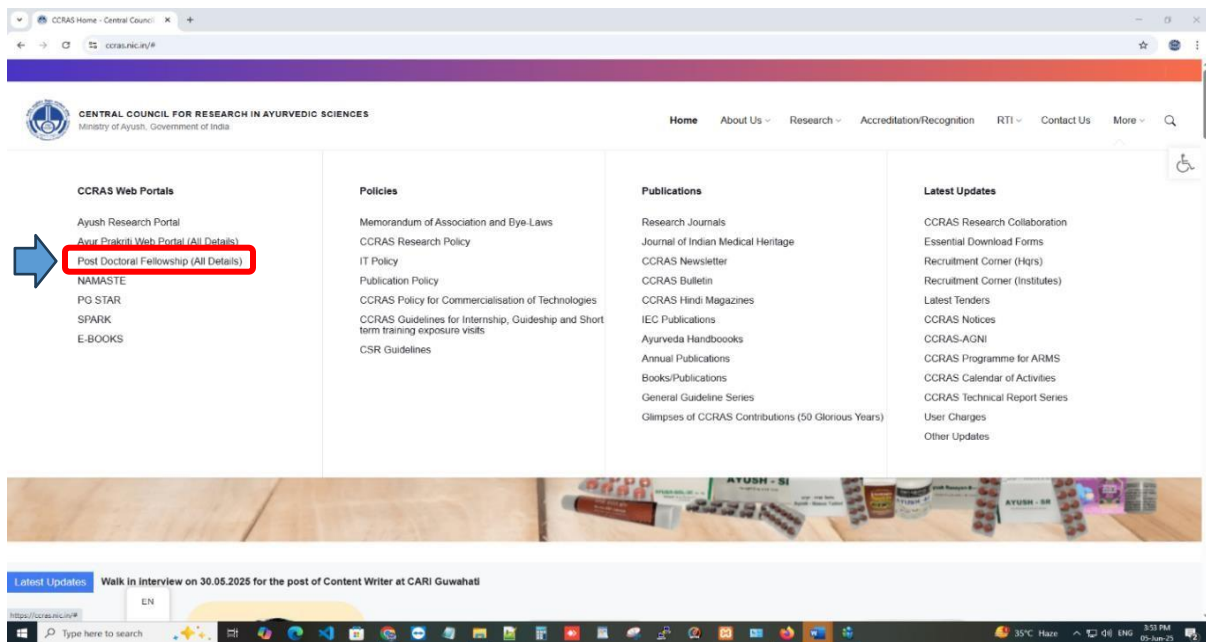
B. Guidelines for Mentor/Supervisor

Please follow the steps below to register and view the submitted proposal of your candidate under the CCRAS Post Doctoral Fellowship (PDF) Scheme:

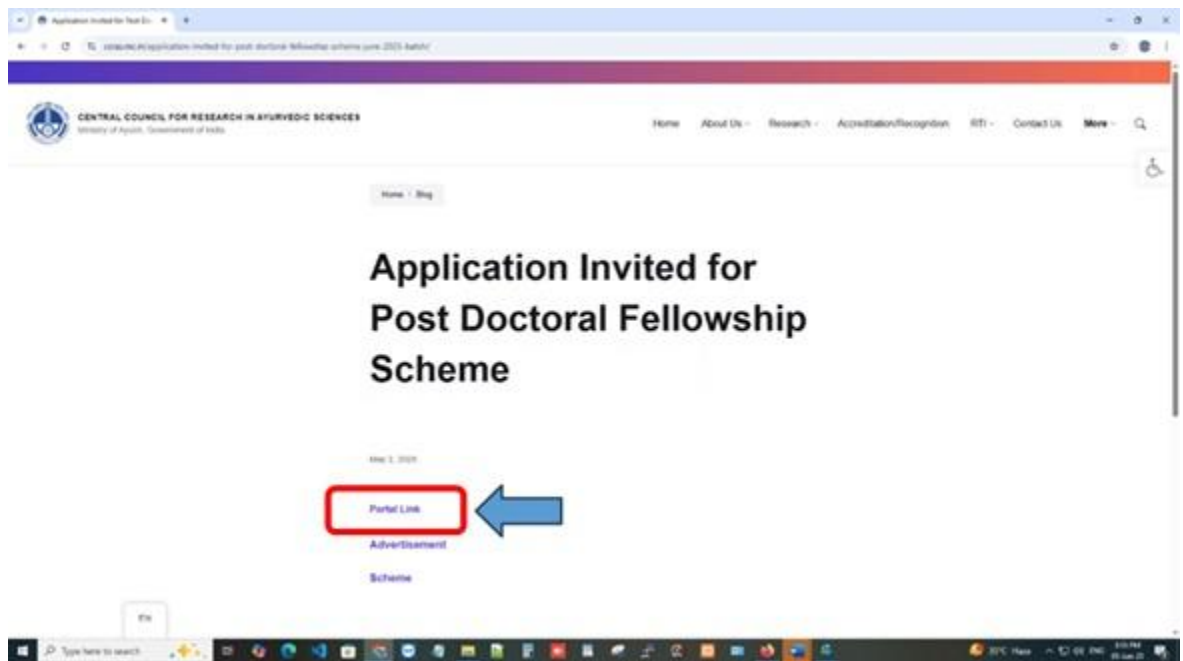
1. Visit the CCRAS website at <http://ccras.nic.in> and click on the “More” tab.



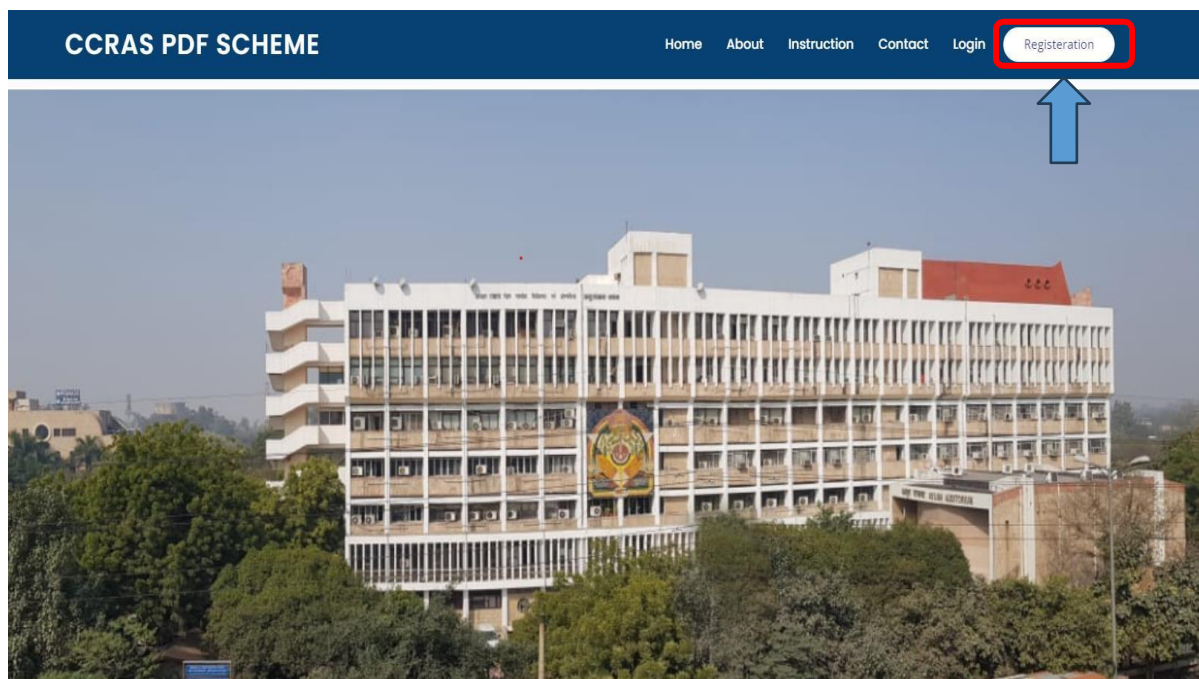
2. In the dropdown menu, click on “Post Doctoral Fellowship (All Details)”.



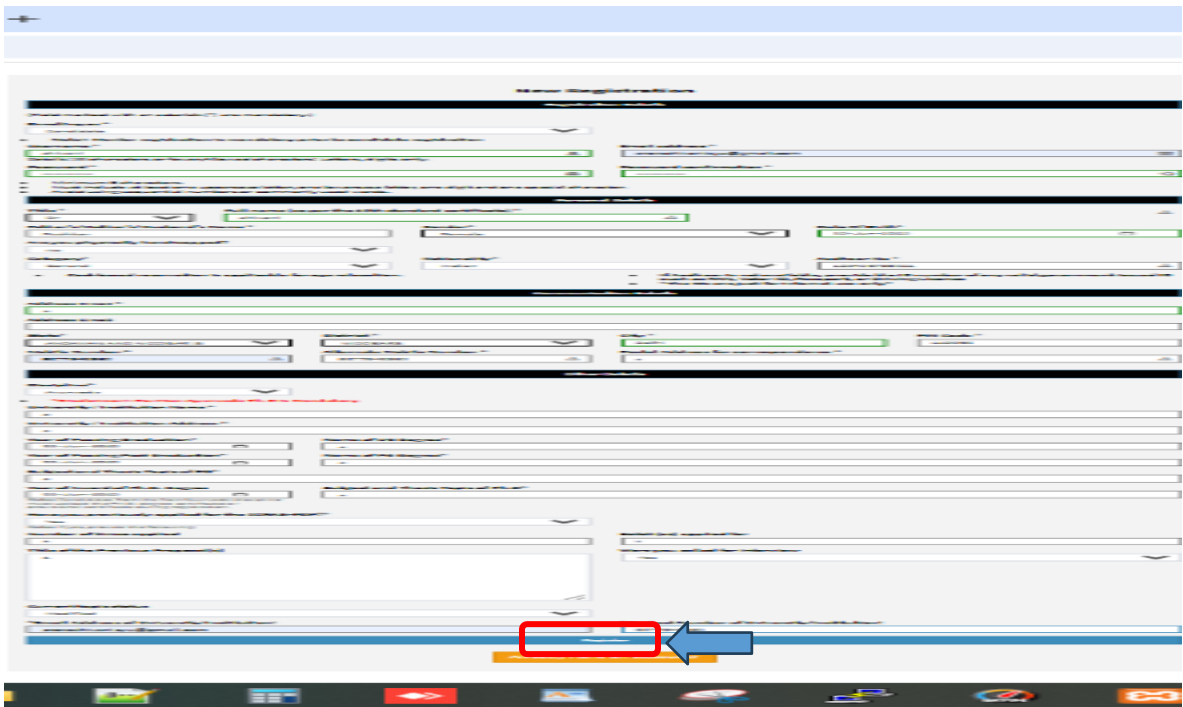
3. On the newly opened page, click on the “Portal Link” to access the CCRAS PDF Portal. Alternatively, you can visit the portal directly at <https://pdf.ccras.org.in>.



4. For new users, click on the “Registration” button and fill out the required details.

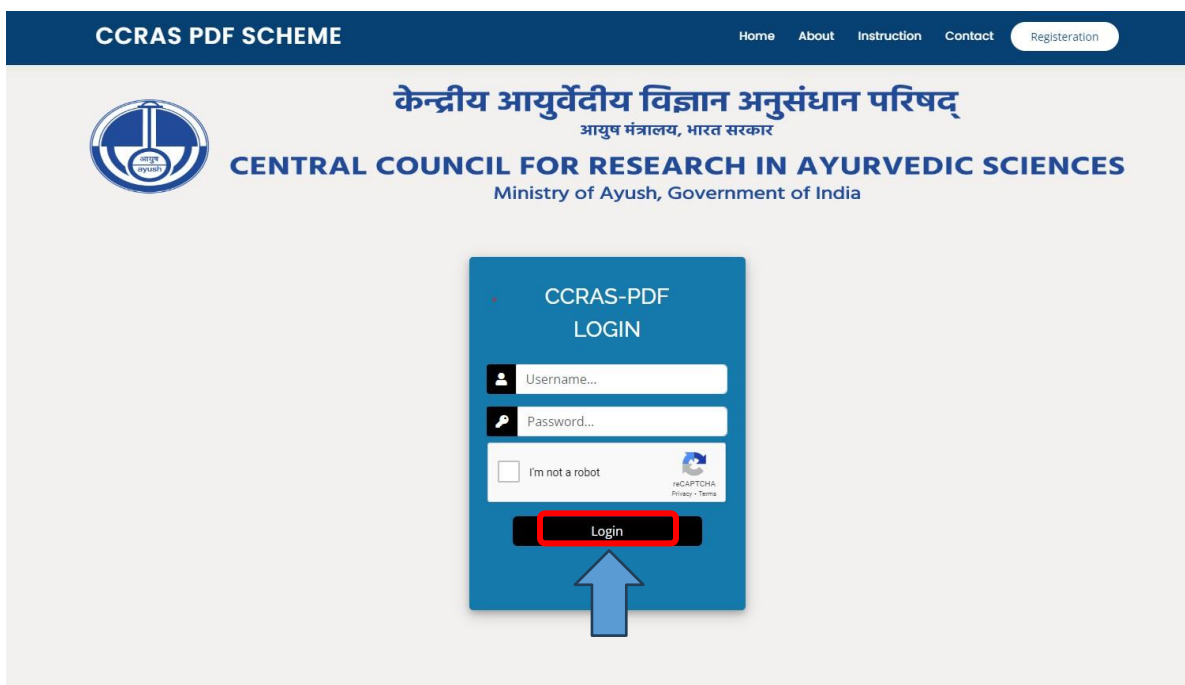


5. Fill out the Registration form and then click on the Register button to complete the process.



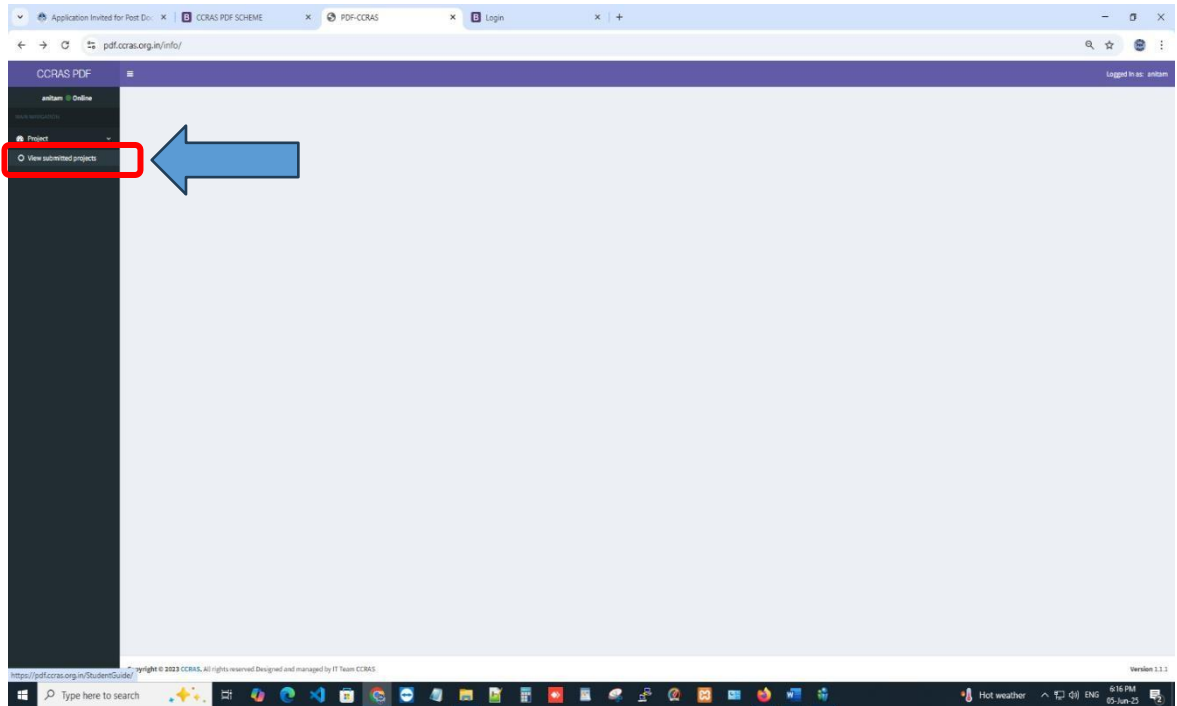
A screenshot of a web registration form titled "New Registration". The form contains multiple sections with various input fields, dropdown menus, and checkboxes. At the bottom of the form, a red rectangular box highlights a button labeled "Register". A blue arrow points from the right towards this button. The browser's taskbar is visible at the bottom of the screenshot.

6. After successful registration, you will be redirected to the Login Page. Enter your login credentials and click "Login".



A screenshot of the CCRAS PDF Scheme Login page. The page header includes "CCRAS PDF SCHEME" and navigation links: "Home", "About", "Instruction", "Contact", and "Registration". The main content area features the logo of the Central Council for Research in Ayurvedic Sciences and its name in Hindi and English: "केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्" and "CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES". Below this is a login form titled "CCRAS-PDF LOGIN" with fields for "Username...", "Password...", and a checkbox for "I'm not a robot" next to a CAPTCHA icon. A red rectangular box highlights the "Login" button at the bottom of the form, with a blue arrow pointing upwards towards it.

7. Upon logging in, you will be taken to the Mentor Dashboard. To view the submitted proposals of your candidate(s), go to the “Project” tab and click on “View Submitted Project”.



8. To review an individual proposal, click the “View” button next to the respective project. Mentors can save a copy of the submitted proposal and application form using the Ctrl + P command for future reference.

